

A valuable skill to have

JUJITSU

T&Th

Age 7+

6-7pm

\$40 per month

**NV Way
Recreation Bldg**

wear loose-fitting clothing



As one of the oldest martial arts, Jujitsu teaches non-aggression & non-violence for self-defense techniques. Builds coordination, flexibility, self-confidence & more. Courtesy, sportsmanship & teamwork are emphasized. An excellent fitness & health class. Instructor **MICHAEL ARCHER** started training under Sensei Mike Chubb in 1998, and after a term in the United States Navy received his Black Belt in 2011.



Boulder City Parks and Recreation Department
900 Arizona Street 702-293-9256

Sign up now!