

A valuable skill to have

JUJITSU

T&Th

Age 7-17

6-7pm

Age 18&up

7-8:30pm

\$40 per month



**NV Way Recreation Bldg
wear loose-fitting clothing**

As one of the oldest martial arts, Jujitsu teaches non-aggression & non-violence for self-defense techniques. Builds coordination, flexibility, self-confidence & more. Courtesy, sportsmanship & teamwork are emphasized. An excellent fitness & health class. Instructor MIKE CHUBB, obtained his black belt in 1965 and has been teaching ever since.



Boulder City Parks and Recreation Department
900 Arizona Street 702-293-9256

Sign up now!