



**Office of the City Manager
News Release**

FOR IMMEDIATE RELEASE

July 11, 2019

**BOULDER CITY
CITY COUNCIL**

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KIERNAN McMANUS

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Boulder City Fire Chief: Prepare for Earthquakes

BOULDER CITY – Last week’s 7.1 earthquake in California was strong enough that people living in Southern Nevada could feel it. Fortunately, Boulder City Public Works and Utilities workers have not found any damage from the earthquake. Staff at the Fire Department remind residents to prepare and shared these tips to help you remain safe.

“It is very important that residents prepare to help themselves and understand that help may take some time to arrive during an earthquake,” says Boulder City Fire Chief Kevin Nicholson. “The main method that should be followed is Drop, Cover, Hold On: drop to your hands and knees, cover your head and neck with one arm and get under a sturdy table or desk, then hold on to your shelter with one hand until the shaking ends. If you do not have a sturdy shelter, crawl to the nearest interior wall away from windows and use both arms and hands to cover your head and neck.”

Earthquakes can happen with little or no warning, so it is important to prepare in advance and have an emergency plan for when the time comes. Preparation can be done by doing practice drills and establishing priorities, such as writing down important information and gathering necessary supplies. Establish a family emergency communication plan that includes who to contact and where to meet.

Supplies that you should have in case of an earthquake emergency include:

- Flashlight with extra batteries
- Sturdy shoes
- Essential medications (or a list of needed medications)
- Emergency food and water (one gallon water per person per day for a minimum 72 hours)
- First aid kit

Before an earthquake strikes, you should make sure items such as TV’s, book shelves, and objects on the wall are secure. Pets can get stressed during an earthquake, so make sure you prepare a pet safety kit, make sure pets are properly identified, and keep their medical record and a current photo. If your pet gets lost in an earthquake make sure to check local animal shelters.

If you need help or more information, contact the Boulder City Office of Emergency Management at 702-589-9643 for more information.

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