



Boulder City Parks and Recreation Department Presents:

Swim For Fitness

AGE: 13+

These programs are perfect for those who want a great workout & want to learn proper stroke technique. A great way for competitive swimmers, Tri-athletes, recreational swimmers and anyone interested in improving their swimming skills, endurance & general overall conditioning to stay in shape.

Fall – Spring: Tuesday/Thursday 6:00-6:45pm

*Summer: Monday/Wednesday 8:00-8:45am
OR Tuesday/Thursday 6:00-6:45pm*



*Monthly Fee:
2X week..... \$28.00/month
Drop-In..... \$5.00*

Boulder City Pool and Racquetball Complex: 861 Ave B (702) 293-9286